

## Cushing's Syndrome: Quality of Life Questionnaire

Completing this questionnaire will help your vet understand how your dog is progressing and how Vetoryl is working to bring back health and restore life.

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### Information about you and your dog.

Today's date   /   /

Your surname \_\_\_\_\_ Your dog's name \_\_\_\_\_

What sex is your dog? ☐ Male ☐ Female

Is he/she neutered? ☐ Yes ☐ No How old is your dog?   years   months

What breed is the dog? \_\_\_\_\_

When did your dog last have a Vetoryl capsule? \_\_\_\_\_ (exact time and date)

How many times a day do you give Vetoryl? \_\_\_\_\_

What strength of Vetoryl tablets are you giving your dog? \_\_\_\_\_ mg

How many times in the last 28 days have you forgotten your dog's Vetoryl? (Please tick appropriate box)

- ☐ Not at all
- ☐ Once a month
- ☐ More than once a month but less than once a week
- ☐ Once a week
- ☐ More than once a week

Is your dog on any other medication at the moment? If so please provide details below.

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## Cushing's Syndrome: Quality of Life Questionnaire

### Information about the last 4 weeks

**1) Drinking. Do you think your dog has drunk:**

- ☐ Less than normal
- ☐ Normal
- ☐ More than is normal (for example 1-2 times normal)
- ☐ Very much more than is normal

**2) Urinating. Do you think that the volume or frequency of urination is:**

- ☐ Less than normal
- ☐ Normal
- ☐ More than is normal (for example 1-2 times normal)
- ☐ Very much more than is normal

**3) Appetite. Would you describe your dog's appetite as:**

- ☐ Very poor (i.e. not eating at all or hardly eating)
- ☐ Poor (i.e. does eat some food but requires encouragement)
- ☐ Normal
- ☐ Increased (e.g. eats all food quickly and will look for more)
- ☐ Greatly increased (e.g. seems ravenously hungry all the time)

**4) Vomiting and Diarrhoea. How often has your dog had sickness and diarrhoea?**

- ☐ Never had sickness or diarrhoea
- ☐ Has had sickness or diarrhoea once
- ☐ Has had sickness or diarrhoea more than once but not every day
- ☐ Has had sickness or diarrhoea every day

**5) Exercise. How active is your dog?**

- ☐ Lays in one place nearly all of the time
- ☐ Goes for walks and will also play on occasions
- ☐ Very active, happy to run off the lead but does get tired
- ☐ I cannot tire my dog out!

**6) Skin and Coat. How would you describe your dog's coat and skin condition?**

- ☐ Very poor (e.g. thin coat, bald patches, very dull)
- ☐ Poor (e.g. slightly thin coat, hairs dull)
- ☐ Reasonable (e.g. no bald patches, slightly dull)
- ☐ Very good (e.g. thick coat, shiny, no dandruff)

**7) Other problems. Does your dog have any of the following?**

- ☐ Trembling/shaking/muscle twitches more than once a week
- ☐ Persistent panting even at rest
- ☐ Pain (anywhere)
- ☐ Difficulty moving
- ☐ Mental depression (not alert / asleep all the time)

**8) General. How do you feel your pet enjoys life**

- ☐ Miserable more of the time
- ☐ Has more bad days than good days
- ☐ Happy most of the time, occasional bad days
- ☐ Happy all of the time

**9) Overall. How good do you feel your dog's current treatment for Cushing's syndrome is?**

- ☐ My dog has more clinical signs than before treatment
- ☐ There is no difference now than before treatment
- ☐ There is some improvement since starting treatment
- ☐ My dog is nearly back to their normal self
- ☐ If I did not know, I would think there was nothing wrong with my dog now

VETORYL: Vetoryl contains Trilostane

UK: POM-V IE: POM

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# Understanding the questions

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## 1. Drinking

This question relates to your dog's water intake over the past four weeks compared to normal. "Normal" means your dog's water intake before he/she was diagnosed with Cushing's syndrome and also, importantly, before he/she had any symptoms of the disease. Try to think back to when he/she was a young adult and compare their thirst today, to then. It may be helpful to record precisely how much water he/she is drinking over a 24 hour period on two or three separate occasions to enable you and your vet to establish a trend.

## 2. Urinating

This question relates to the volume of urine your dog is producing and the frequency of urination episodes over the past four weeks. "Normal" means the volume of urine produced and the frequency of urination episodes before he/she was diagnosed with Cushing's syndrome and also, importantly, before he/she had any symptoms of the disease. Try to think back to when he/she was a young adult and compare the volume of urine produced and the number of times he/she urinates per day to today.

## 3. Appetite

This question relates to your dog's appetite over the past four weeks. "Normal" means your dog's appetite before he/she was diagnosed with Cushing's syndrome and also, importantly, before he/she had any symptoms of the disease. Importantly, it is your dog's appetite and not the volume of food consumed that is being assessed. Try to think back to when he/she was a young adult and compare how hungry he/she was at that time to today. It may be that your dog is still being fed the same volume of food as before, but has changed with regards to the speed at which he/she consumes their food or that he/she is begging for food/treats more often than before.

## 4. Vomiting and Diarrhoea

This question is asking you to describe the frequency of any episodes of vomiting or diarrhoea he/she may have been over the past four weeks. Diarrhoea is defined as a change in stool consistency (softer than normal or liquid consistency).

## 5. Exercise

This question assesses your dog's ability to exercise over the past four weeks compared to normal. 'Normal' is defined by the duration of activity and level of exuberance prior diagnosis, and importantly, before developing symptoms, of Cushing's syndrome.

## 6. Skin and Coat

This question assesses the appearance (amount of hair) and condition of your dog's skin and coat over the past four weeks compared to normal. Condition means whether the coat is dull, normal or shiny and whether it is dry, normal, or greasy. "Normal" is the appearance and condition of your dog's skin and coat prior diagnosis, and importantly, before developing symptoms of Cushing's syndrome. This can be difficult to recall and it may be helpful to compare the appearance today, to photographs taken when he/she dog was a healthy adult.

## 7. Other problems

Please read all of the responses and tick any or all that apply to your pet over the past four weeks. If your pet does not have any of the described signs at home, please tick 'none of the above'.

## 8. General

Please read all of the responses and tick any or all that apply to your pet over the past four weeks.

## 9. Overall

This question asks you to give an overall impression of your dog's response to trilostane (Vetoryl) therapy to date. Please compare your dog to before his/her diagnosis of Cushing's syndrome and, importantly, before he/she had any symptoms of Cushing's syndrome.

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